

Chinook Forum Meeting Minutes 8/5/2015

1. Welcome and Icebreaker – Favorite Flower or Plant
2. Announcements:
  - a. Banjo Billy Bus tour on Tuesday 8/11, leaving RWC at 3:30.
  - b. Denver Zoo trip on Saturday 8/15, leaving RWC at 11:00.
  - c. Garden of the Gods trip on Friday 8/21, leaving RWC at 9:30.
  - d. Social Committee meetings Thursday 8/13 at 10:00 and Tuesday 8/18 at 1:30.
  - e. International Youth Day is 8/12, not a Chinook event, announced by Katie.
  - f. Pete volunteered to make bus pass lanyards for anyone that wanted one.
  - g. Hikes at Chautauqua Friday 8/7 and Friday 8/21 leaving RWC at 9:00. These are Boulder Wellness Events.
  - h. History Colorado Center has a Toys of the 50's, 60's and 70's exhibit. This is not a Chinook Event, announced by Cameron
3. Old Business
  - a. We talked about the past Hessie Trail hike to Lost Lake.
  - b. The Boulder Wellness Walk and Talk trips are daily at 1:00. Talk to Bill, Gil, or Roslyn for details.
  - c. Employment Classes will start Friday 9/4. This is a 12-15 week class.
  - d. Anthony described the bus courier job, there are 2 and 3 day positions.
  - e. Talk to Lauren about employment opportunities in the community.
  - f. Voices in Recovery will be starting again. Tom and Craig will co-lead. Bruce from staff will also be there. Any and all recovery issues can be discussed.
  - g. A possible Estes Park trip was discussed.
  - h. A possible summer picnic in early September was discussed.
  - i. Boulder is working on a project to consolidate various relief organizations. This will help all people know what programs are available without having to search all over.
4. New Business
  - a. Liz Lane will be here Tuesday mornings at 9:30 to bring people to Community Food Share for volunteer work. The group is generally back by lunch.
  - b. Deb brought up a Silverware project, to wrap silverware in napkins for use in the Chinook Café. This could be implemented immediately following the morning Forum meeting.
  - c. Clinica clients can now be seen at the RWC location. Contact your normal Clinica numbers to make Alpine appointments.
  - d. Dental visits are also available at the RWC location. Appointments can be made through the front desk.
  - e. Pierce is the new morning day porter.
  - f. Chinook Members can be trained on various kitchen duties and equipment such as performing food prep or learning how to use the commercial dishwasher. Occasional employment opportunities pop up for this kind of work.
5. Follow up for future forum or other committees/meetings.
  - a. Employment Classes, dates to be announced at a future time.
  - b. Voices in Recovery, dates to be announced at a future time.
  - c. Trip to Estes Park, date to be announced at a future time.
  - d. Summer Picnic, date to be announced at a future time.
  - e. Silverware Project for the Chinook Café, Planning need to be completed.

- f. Possibility of including Boulder and Longmont Wellness Calendars in the monthly newsletter.

6. **THANK YOU FOR YOUR PARTICIPATION IN CHINOOK FORUM – THIS IS YOUR MEETING AND A TIME/PLACE FOR YOUR VOICE TO BE HEARD. COME PARTICIPATE AND SHARE YOUR IDEAS.**