

CHINOOK FORUM MEETING MINUTES 7/22/2015

8 members and 3 staff

1. Welcome and Icebreaker: Favorite “BAD” movie.
2. Announcements:
 - a. 7/23 - Putt your stuff for mental health
 - b. 7/25 – Buffalo Bill Days
 - c. 7/28 – Bowling in Longmont
 - d. 8/1 - Hessie Trail Hike
 - e. 8/20 – Anthony’s class on ADD and OCD
 - f. Be sure to sign in/out in Chinook Book.
 - g. The push to get the monthly newsletter out is coming up soon.
3. Old Business:
 - a. Low cost sandwiches are available in the café.
 - b. Garden of the Gods trip has been rescheduled to August 21st.
 - c. Including the Boulder and Longmont well calendars in the monthly newsletter was discussed.
 - d. Game time and having a designated game room was discussed.
4. New Business:
 - a. When does “walk and talk” occur? See wellness calendar, 1-2 P.M. Mon. to Fri.
 - b. A new series of employment classes starts 9/4. Classes will be held every Friday for 12 – 15 weeks.
 - c. There are always opportunities for volunteering at the café.
 - d. The possibility of a summer picnic was discussed.
 - e. Computer usage in Office Services was discussed.
 - f. Concerns about non-service dogs being in the building was discussed. We need to be aware of emotional support dogs as well as service dogs when determining if a dog should be allowed.
 - g. Starting the “Voices of Recovery” support group for general recovery issues back up was discussed. We may consider a flyer to determine the level of interest in this group.
5. Follow up for future forum or other committee meetings
 - a. The possibility and logistics of including wellness calendars in the monthly newsletter.
 - b. The possibility of restarting the Voices of Recovery support group.
 - c. The possibility of a summer picnic.

6. THANK YOU FOR YOUR PARTICIPATION IN CHINOOK FORUM – THIS IS YOUR MEETING AND A TIME/PLACE FOR YOUR VOICE TO BE HEARD. COME PARTICIPATE AND SHARE YOUR IDEAS