

## Chinook Forum – Minutes from 9/9/2015

5 members and 2 staff

1. Welcome and Icebreaker – Your Dream Car
2. Announcements
  - a. 9/9 – WHAM starts this afternoon, there is a promotional health walk starting at 1:00 and the meeting is immediately after at 1:30.
  - b. 9/11 – Second “Pass to Success” class is this Friday. You can probably still get in this class.
  - c. 9/11 – It is Heidi’s last day at MHP. She is leaving for Montana, there will be an informal get-together Friday at the Chinook Café around lunchtime.
  - d. 9/12 – Estes Park trip leaving at 10:30
  - e. 9/12 – Trip to Estes Park. Leaving RWC Parking Lot at 10:30 AM
  - f. 9/15 - The History Colorado trip is delayed until 9/15
  - g. 9/16 – We are trying to set up a Rockies trip.
  - h. 9/21 – The culinary arts program is starting 9/21, there is still time to enroll.
  - i. We received a great letter from a Chinook Supporter in Massachusetts. The person commented on Andy’s and Katie’s article as well as the Kim’s Peeps articles.
  - j. Stamp out Stigma has no formal meetings but Tracy and Kari have open hours on Tuesday from 11:00 Am to 12:00 PM. SOS has both t-shirts and bracelets available.
  - k. The next Social activity planning will be at 1:00 instead of the listed time.
  - l. Voices in Recovery is still gauging interest, contact Tom or Keri for information.
  - m. The silverware project for the Chinook Café is ready to start.
3. Old Business
  - a. The “Members Only” time is still being finalized. This is a time for Chinook Members to meet in the Office Services area to socialize, work on computers, play games or whatever.
  - b. The HIPAA regs are still being evaluated.
4. New Business
  - a. Mark and Anthony will be starting a Social Skills Class through Chinook, dates to be announced.
  - b. Anyone interested in signing up to volunteer within Chinook on a regular basis can do so. This would be helpful for those working on getting a regular routine going. We can help set up a schedule, define the activities you would be doing, and help track attendance.
  - c. Next week is the birthday celebration. The kitchen will order a cake.
5. Follow up for future Forum or other committee Meetings.
  - a. Voices in Recovery needs an update.
  - b. We need more information on the upcoming Social Skills classes.

**THANK YOU FOR YOUR PARTICIPATION IN CHINOOK FORUM – THIS IS YOUR MEETING AND A TIME/PLACE FOR YOUR VOICE TO BE HEARD. COME PARTICIPATE AND SHARE YOUR IDEAS.**